

# **A Sound Track to Reading**

## **Fluency Practice**

**For Turning Previously Decoded Words into Instantly Recognized Words**

**(Orthographically Mapped Words)**

**Incorporating Advanced Phonemics Awareness for True Sight Word Fluency**

**Reading and Dictated Spelling**

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# A Sound Track to Reading

## Fluency Practice for Turning Previously Decoded Words into Instantly Recognized Words

### (Orthographically Mapped Words)

by Donald L. Potter

#### Lesson 1: Short /ă/, ing, er, ed = /d/ or /t/ – 25 Words

mat	sat	Sam	mast	tat	Matt	am	a
sass	mats	matting	sassing	tatting	tats	tatter	matter
matters	mast	master	masters	mastering	Sass	sassed	massed
mastered							

#### Lesson 2: d, g, f, h, ed = /ĕd/ - 34 Words

dad	gag	had	fat	dam	gas	ad	fast
daft	fad	sad	add	tag	am	sags	sagged
dammed	gassed	hams	sadder	dagger	fatter	fast	fasting
gagging	adding	fatted	added	matted	fasted	faster	hamster
hammer	hammering						

#### Lesson 3: p, r, n, Vowel Rule 5: y = /ē/ – 44 Words

map	rag	nab	apt	Ann	an	asp	and
ran	sand	gasp	band	bad	ramp	ratty	sandy
batty	fatty	Patty	damper	sander	pamper	rafter	tamper
rag	raggedy	gasps	raspy	batter	naps	napped	napping
nagging	nagged	bans	banned	banning	banner	batted	handy
passing	passed	patting	nasty				

**Lesson 4: c, k, ck, l, w – 51 Words**

cab	pack	Kat	pal	jam	wag	Jack
tab	act	can't	last	hand	apt	fact
scat	smack	jammed	racked	hammed	gassed	rapped
patted	landed	lasted	sanded	padded	caps	capped
capping	acting	camper	wags	wagged	wagging	lacking
canter	jabs	jabbed	jabbing	jabbering	jagged	laps
lapped	lapping	snappy	packing	candy	handy	caddy
wacky	tacky	quacks	quacking	quacked	taxing	lastly
Randy	raptly	wacky	wagging	wagged	axed	axing
waxed	waxing	taxed				

**Lesson 5: v, qu, x, y, z, ly = /l/ + /ē/ – 43 Words**

lapped	lapping	snappy	packing	candy	handy	caddy
van	lax	yak	quack	vat	jazz	zag
quaff	yap	ax	swam	razz	adz	vamp
asp	vast	madly	sadly	waxy	vastly	pally
zags	zagged	aptly	zagging	zaggy	jazzed	jazzing
jazzy	yams	yammer	yaps	yapping	yapped	raggedy
raggedly						

### Lesson 6: Short /ɪ/ – 58 Words

bibs	Dick	fizz	gig	hid	jigs	kill
ill	quiz	risk	sill	tint	vim	win
it	in	missing	missed	killing	mister	blister
jigging	fixing	fixed	fixer	fizzing	twist	twists
twister	twisting	twisted	windy	skinny	risky	Dicky
snippy	quickly	giggly	limply	satiny	glibly	vivid
pigskin	wispy	simply	pimple	zigzag	kidnap	catnip
rapid	transplant	fantastic	inhabit	Atlantic	bandit	rapidly
<u>sit</u>	<u>wish</u>					

### Lesson 7: Short /ʊ/, le – 58 Words

buzz	clump	dud	fuss	gulp	huff	just
up	us	lugs	mud	null	pulp	runs
snuff	tux	tumble	fumble	mumble	rumble	stumble
jutting	juted	buzzer	buzzing	crumble	bumper	bumping
bumped	mumbled	mumbling	smugly	ugly	glumly	gusty
stuffy	grumble	grumbled	grumbling	bulky	lucky	bubbly
snugly	jumble	insult	stuffing	pumpkin	mixup	supper
unlucky	unstuck	undid	unfluster	undug	bubble	humble
<u>but</u>	<u>cut</u>					

### Lesson 8: Review Short a, i, u – 64 Words

apt	bask	cast	ducks	fist	gulf	hand
imp	just	kilt	land	mum	nip	pulp
quiz	rap	silk	tamp	until	vast	wick
axed	yap	zip	muzzled	slippery	unjustly	silvery
dimly	handbag	disgust	rubbery	glinted	rapidly	under
sixty	tumbler	candidly	ripple	vividly	silky	dustpan
sniffle	habit	batter	bitter	butter	slumber	tackle
husky	publicly	blistered	cuddly	bulky	humble	rippled
bumbled	wiggle	unstuck	napkin	mumbling	kindle	insipid
antics						

**Lesson 9: Short /ɔ/, s, ed, er, ing, y, ly, le – 57 Words**

not	sop	doff	pox	smock	yon	off
loll	clog	cost	fond	odd	snob	jot
romp	ox	jolly	hotly	fondly	Molly	wobble
coddle	cocky	copy	foggy	foxy	Bobby	gobble
topper	hobble	bottles	locks	locker	locking	locked
Robby	lobby	sobbing	sobbed	lofty	mottled	romps
romping	romped	lottery	sloppy	plots	plotter	plotting
plotted	jonquil	goggles	politics	hobby	sonic	tonic

hot

**Lesson 10: Short /ɛ/, ness, en – 57 Words**

jell	swept	Rex	swell	wen	yen	ebb
vex	fez	quest	flex	jest	pelts	yelp
madness	fastness	witness	dullness	wetness	vixen	pecking
happen	hidden	dimness	jelly	penny	petty	Betty
Nelly	kettle	settle	pebbles	speckled	nettles	messes
empty	seventy	hamlet	slimness	fixes	wedding	dentist
rotten	confess	waxes	magnetic	example	magnetism	fender
flexes	ebbing	rotted	wended	eggnog	<u>better</u>	<u>ten</u>

well

### Lesson 11: Review All Five Short Vowels – 65 Words

vast	self	its	fondly	justly	adz	welts
splint	squid	handy	pucker	elm	romps	vender
quilts	bulk	tuft	apt	restless	sunless	endless
indenting	absently	sizzle	insisted	submitted	spotless	ruffled
fondness	nonsense	tactless	coppery	blacktop	husky	cobweb
public	suspect	unless	hilltop	kickoff	offhand	bobcat
itself	jonquils	cannot	sundeck	tiptop	lobster	deskpap
inspected	scuffle	publicity	inspects	muddle	softness	sodden
objected	tamper					

### Lesson 12: Consonant Blends – 63 Words

brim	brag	bred	drop	drug	fret	Fred
grub	flat	glut	slit	sled	plat	plot
belt	vent	helm	jest	kept	help	must
hulk	risk	soft	gulp	wisp	hump	self
blast	flint	grunt	scant	prompt	gist	scrimp
sprint	split	blend	flask	squint	crabs	crammed
frosted	gritting	crusty	sprints	strutted	flexing	scanned
testy	flexes	bramble	stomped	graspy	skimpy	grandness
briskness	bluntly	bluffing	frisky	<u>ask</u>	<u>best</u>	<u>jump</u>

### Lesson 13: Consonant Digraphs – 97 Words

chap	shell	whiz	this	thump	song	bank
chest	shaft	which	than	theft	zing	thank
chum	shun	whim	that	thrill	clang	honk
rich	smash	whet	then	thrash	swing	blink
chops	shush	whisk	thus	cloth	spring	mink
black	quack	crack	stack	snack	slack	beck
deck	check	neck	peck	fleck	wick	thick
chick	click	kick	brick	dock	block	shock
frock	mock	flock	truck	shuck	pluck	muck
stuck	chuck	batch	hatch	catch	match	thatch
fetch	ketch	retch	stretch	sketch	ditch	stitch
twitch	switch	pitch	botch	scotch	blotch	splot
notch	Dutch	hutch	crutch	clutch	clutches	much
such	rich	which	touch	<u>drink</u>	<u>long</u>	

### Lesson 14: Plurals – 92 Words

kits	nests	grafts	trusts	glints	thanks	drips
traps	shrimps	scraps	clumps	stomps	banks	specks
flocks	flasks	clicks	skunks	sniffs	bluffs	chunks
stuffs	fluffs	whacks	elms	thongs	whims	quills
thugs	chins	fronds	clans	skills	shrugs	springs
sprigs	gongs	fangs	thuds	shins	thrills	scabs
ladders	puddles	jackets	victims	kickoffs	antics	bubbles
hundreds	druggist	butters	insults	goblins	lobsters	eggnogs
jonquils	picnics	glimpses	splinters	crossings	hemlock	blankets
desks	chapters	singles	gossips	hammocks	chipmunks	liquids
stockings	trumpets	glasses	taxes	fezzes	flashes	sketches
crosses	waxes	fizzes	flushes	twitches	stresses	foxes
razes	wishes	inches	tosses	hexes	buzzes	splashes
splotches						

### Lesson 15: Long Vowels, Rule 2 – 86 Words

razzes	wishes	inches	tosses	hexes	buzzes	splashes
at	ate	pet	Pete	pad	paid	us
use	strip	stripe	muss	muse	met	meet
odd	ode	cloth	clothe	quit	quite	bed
bead	van	vain	jade	eke	strife	yoke
cube	drove	bathe	Eve	dire	globe	fuse
mute	drape	these	whine	those	fume	thrive
faith	squeak	vied	growth	hue	praise	ray
three	float	cue	rye	loathe	lye	blow
oath	fuel	slay	please	spiteful	cheerfully	playful
gleefully	faithfully	boastful	usefully	carefully	wakeful	fearfully
shamefully	wasteful	<u>blue</u>	<u>green</u>	<u>keep</u>	<u>make</u>	<u>own</u>
<u>sleep</u>	<u>yellow</u>					

### Lesson 16: Magic E & Compound Words – 99 Words

state	here	game	flare	prize	five	cube
vote	mere	vile	nave	eve	shame	thine
fuse	drone	mete	thrive	whale	tithe	chase
snore	those	lathe	mule	strode	while	shone
trite	tribe	twain	groan	gleam	each	foam
low	meet	yeast	throw	reach	beech	beach
hue	ray	vain	toed	tee	tea	squeal
heel	heal	quail	fuel	tried	row	goal
wail	beet	beat	day	seasick	sailboat	peanuts
likewise	firebug	billboard	subway	sweepstake	railroad	stockpile
spillway	typescript	towboat	snakebite	freeway	postpone	toeless
rosebud	seaway	soapbox	crossrail	beeline	drainpipe	homesick
clamlike	homemade	rockslide	snowshed	checkmate	pineapple	backfire
flamelike	fearless	sunshine	wireless	lifetime	<u>always</u>	<u>came</u>
<u>may</u>						



### Lesson 17: Review Cons. Digraphs – 86 Words

crash	choke	sheep	than	while	thrill	this
tithe	which	shake	fourth	throne	chair	whiz
thing	wheat	think	lithe	loathe	chest	breathe
oath	when	shred	cloth	speech	such	clothe
throat	shrine	spring	brave	strip	stripe	stress
tweak	drove	cream	drone	gray	sleeve	score
cram	blaze	flare	glaze	grown	plead	scrub
scale	smock	scrap	scrape	sneeze	back	bake
peck	peek	quack	quake	stock	stoke	slack
slake	lick	like	chock	choke	Jack	Jake
check	cheek	Dick	dike	crock	croak	shake
shack	shake	sock	soak	stack	stake	duke
coke	smoke	pike				

### Lesson 18: Vowel Rule 3 – 92 Words

he	no	ye	he	so	spy	me
dry	by	why	we	fly	go	I
sky	she	fry	hi	shy	my	ho
biplane	bogus	bugle	co-op	demon	woven	fatal
fiber	foment	futile	haven	hijack	hotel	humus
cubic	latent	lilac	humor	microbe	pupil	myself
naval	nitrate	pilot	tiger	quiet	rifle	secret
solar	zebra	music	vital	wafer	yodel	student
apt	throat	cue	goal	say	joke	wick
sprite	yes	spry	she	pried	glow	off
squint	ebb	jolt	fly	which	each	clothe
ray	opt	elf	try	vim	shake	why
hoax	gulp	no	peach	stream	go	chain

grow

### Lesson 19: Third Sound of A O U – 79 Words

Paul	maul	fault	haul	saw	flaw	dawn
raw	car	farm	yarn	barn	fall	small
call	mall	halt	salt	Walt	malt	yawned
dauntless	garble	charting	vaulted	sharply	stalling	rawness
halting	gauze	hallful	warmth	thawing	launched	marshes
marching	sharks	harness	arches	galling	startle	parchment
starched	salty	charmed	lawyer	taunting	paused	fawning
varnish	lawless	lawlessness	scrawled	sharpener	gaudy	artist
do	lose	move	shoe	who	two	push
pull	bush	full	bull	your	would	should
bushel	pulpit	could	bullet	<u>because</u>	<u>draw</u>	<u>far</u>
<u>start</u>	<u>warm</u>					

### Lesson 20: Diphthongs – 68 Words

how	cow	shout	our	sour	pout	no
oil	join	toil	boy	joy	toy	Roy
drowned	coinless	oink	coyness	cowl	hoisting	scowled
south	joist	mouthful	void	prowler	quoits	plowed
spoiling	jar	lard	harp	dwarf	shark	warmth
char	or	born	York	short	snort	sport
torn	fern	perk	bird	firm	burn	curb
blurt	squirted	sterling	swarms	curly	harmless	perky
sparkler	twirling	quirk	shorten	burnt	formless	surly
morning	clerks	<u>brown</u>	<u>hurt</u>	<u>round</u>		

### Lesson 21: Interesting Review – 94 Words

vault	jailer	tallness	saggy	daze	walled	brainless
plainest	packs	straddle	yawning	lawyer	smallest	rainy
halted	gagged	madly	dawns	safely	quaint	ax
lax	tax	waxes	Max	flax	hex	vexes
flex	fixed	next	mixing	oxen	foxes	pox
tux	text	extra	Rex	sixes	vixen	square
quake	quite	quenching	quest	squire	quip	equip
equipment	quizzes	quibble	quoit	quote	quota	quirk
squirm	squelch	squish	squints	quivered	sniffle	dabble
baffle	thimble	struggle	nettle	trickle	dapple	goggles
bottled	tangled	scuffles	twinkle	brittle	angle	able
cable	idle	sidle	noble	bugles	titled	stifle
staples	stifled	gables	sable	maple	bridle	stable
cradles	fabled	rifle				

### Lesson 22: Sounds of y at the end of polysyllabic words – 38 Words

silly	messy	lefty	lucky	chubby	fuzzy	lady
pony	wavy	flaky	Davy	smoky	reply	supply
apply	defy	imply	multiply	electrify	justify	occupy
identify	bunnies	puppies	poppies	pennies	fairies	navies
ladies	ponies	supplies	allies	applies	defies	multiplies
magnifies	complies	ratifies				

**Lesson 23: The three sounds of the suffix ed - 65 Words**

tinted	sifted	blended	wended	rusted	rotted	drifted
misted	ended	added	dressed	inched	mixed	mapped
checked	huffed	licked	dropped	slashed	stacked	sobbed
razzed	tugged	penned	stilled	fizzed	rammed	hugged
thrilled	dinned	fixed	pointed	messed	perched	picked
plotted	wailed	buzzed	bleached	cuffed	lifted	burned
boiled	dreamed	twisted	slammed	played	rowed	boxed
lasted	braided	mended	splashed	dusted	penned	kicked
turned	printed	walled	reached	stopped	crashed	bragged
beaded	wheeled					

**Lesson 24: Vowel Rules 7 & 8 – 57 Words**

turned	printed	walled	reached	stopped	crashed	bragged
strapping	chatter	manned	betting	shredder	yelled	jigging
swimmer	skinned	tossing	robber	flopped	bluffing	drummer
dulled	tramping	jumper	checking	vended	fishing	softer
costing	landed	thumping	quilted	naming	stating	eking
dozing	sliding	thriving	zoning	groping	fuming	using
wader	scraper	Peter	wiser	riper	biter	joker
smoker	user	blazer	dared	cubed	choked	shaded
voted						

### Lesson 25: Mostly Review – Vowel Rule 3 – 71 Words

nation	station	ration	portion	lotion	notion	motion
rotation	apron	even	idle	odor	razor	create
trifle	retail	tiny	soda	unit	flavor	legal
hydrant	major	equal	mica	moment	tripod	cobalt
laser	Sweden	minus	crater	bisect	quotation	fumigate
libelous	reimburse	demerit	soberly	probation	feverish	flavorless
migration	hibernate	locally	bilingual	mutilate	microscope	fomented
preamble	coconut	fatalism	location	relaxation	fumigation	cooperate
mutilation	preatomic	vocalization	motivation	deactivate	predisposed	radiation
microscopic	mobilization	futility	biological	capability	beatitude	<u>open</u>
<u>together</u>						

### Lesson 26: Consonant Rules – 68 Words

trays	bees	lies	toes	cues	guns	bells
wims	goes	suds	kings	stabs	skips	specks
sniffs	desks	necks	pecks	box	wax	fix
Rex	text	exalt	exam	exact	exult	exist
xylophone	Xavier	xenon	xanthan	cast	case	code
cob	cube	coin	cell	cede	cite	cinch
ice	place	gate	gash	goal	gong	gush
gulch	age	sledge	lodge	splurge	huge	large
gem	germ	gin	gibe	gist	gym	gift
get	girl	gird	gild	gig		

### Lesson 27: Consonant Helps – 50 Words

slice	since	coaster	can't	cove	culled	coiled
grace	corks	caused	thrice	curt	pencil	civil
cynic	accede	accept	cycle	goes	twinge	gel
gospel	gauze	hedge	ginger	garden	trudge	pages
angel	angle	topic	tropic	mimic	plastic	drastic
septic	hectic	public	rustic	Arctic	toxic	epic
frantic	antic	athletic	fantastic	Antarctic	magnetic	inorganic
cosmetic						

### Lesson 28: Irregular Vowel Digraphs – 53 words

die	cried	skies	vied	flies	fried	yield
piece	chief	shriek	wield	relief	niece	shield
grief	belief	brief	fielder	door	floor	ooze
booms	pooled	spoons	hoop	sooner	loop	books
stood	shook	wooded	hooks	looks	looked	cooking
weird	either	seize	key	deceit	ceiling	veil
their	obey	they	eight	neighbor	reins	weight
vein	heir	skein	eighth			

**Lesson 29. More Irregular Vowel Digraphs - 80 Words**

their	obey	they	eight	neighbor	reins	weight
gleam	least	plead	each	clean	heater	cheating
bread	heavy	wealth	steady	pleasure	ready	feather
sweater	tread	thread	great	steak	break	greater
breaking	earn	earth	yearn	pearl	learns	dearth
heard	search	earnest	early	heart	hearten	hearty
hearth	hearken	mute	cure	mule	fume	cube
fuse	cue	dues	hue	sue	due	suit
few	feud	hew	mew	pew	news	rude
threw	Jew	chew	blew	true	crude	Judy
chewy	plume	ruler	Jude	jute	glue	flute
rue	Jupiter	jubilee				

**Lesson 30: The Most Difficult Vowel Combination – ou – 76 Words**

chewy	plume	ruler	Jude	jute	glue	flute
shout	proud	south	vouch	sprout	clouds	ounce
bounty	dough	soul	though	mourn	court	pours
source	thorough	course	four	fourth	shoulder	brought
ought	cough	thought	sought	fought	bought	trough
wrought	coughed	touch	young	couple	country	trouble
double	southern	joyous	famous	tremendous	group	you
soup	youth	wounded	tourist	tour	dour	through
trouper	would	should	could	your	yours	nourish
flourish	scourge	journey	nourished	journal	courtesy	courteous
courage	flourished	Houston	Houstonian	houstonia	<u>found</u>	

## PART TWO

### Lesson 31: THE SCHWA - /ə/ - The Short-Short Sound of ũ – 67 Words

flourish	scourge	journey	nourished	journal	courtesy	courteous
aloud	abrupt	adept	acute	annoy	alarm	achieve
atomic	affirmed	ability	merchant	feudal	oral	wizard
vocal	portal	cadet	caress	canal	formal	channel
parcel	student	budget	locket	moisten	kernel	easel
comet	novel	solid	pulpit	rabbit	cousin	habit
morbid	lucid	rapid	victim	stencil	freedom	crimson
reason	squalor	carrot	caldron	random	apron	wisdom
glutton	rumpus	cherub	focus	humus	playful	locus
locust	wampum	zestful	discuss			

### Lesson 32: Contractions. We often use these shortcuts. – 25 Words

I'm	you're	he's	it's	she's	we're	aren't
isn't	didn't	doesn't	I'd	she'd	it'll	he'll
we'll	they'll	won't	can't	wouldn't	couldn't	shouldn't
mustn't	that's	what's	there's			



### Lesson 33: Homonym – same sound, different spelling - 166 Words

air	heir	bare	bear	birth	berth	cord
chord	deer	dear	fowl	foul	grate	great
heel	heal	hair	hare	lone	loan	mail
male	not	knot	one	won	pale	pail
red	read	sun	son	sore	soar	steal
steel	tale	tail	Venus	venous	wrap	rap
all	awl	beet	beat	cellar	seller	coat
cote	dew	due	fur	fir	gilt	guilt
hail	hale	hart	heart	main	mane	morn
mourn	nay	neigh	paws	pause	plane	plain
raze	raise	sum	some	sweet	suite	see
sea	teem	team	would	wood	wait	weight
alter	altar	beer	bier	claws	clause	duel
dual	fair	fare	feet	feat	here	hear
hour	our	I'll	aisle	mite	might	night
knight	need	knead	pray	prey	ring	wring
reed	read	sale	sail	shone	shown	stare
stair	vale	veil	reed	read	sale	sail
shone	shown	stare	stair	vale	veil	way
weigh	wrote	rote	sent	cent	scent	meet
meat	mete	so	sow	sew	to	too
two	for	four	fore	new	knew	gnu
right	rite	write	site	cite	sight	their
they're	there	pair	pare	pear		

### Lesson 34: Common Words Which Are Not Phonetic – 106 Words

are	any	again	been	busy	blood	beauty
bury	child	could	come	does	done	don't
eye	flood	find	friend	give	gone	have
heard	height	iron	island	juice	laugh	lose
many	of	one	once	pretty	sew	said
says	genius	junior	shoe	some	sure	should
sugar	two	there	toward	their	truth	view
very	as	want	were	woman	wash	what
women	work	who	watch	were	world	would
whose	you	your	lion	poet	Ohio	Joey
neon	diet	area	ruin	trio	boa	pliers
fluent	fiery	client	quiet	Maria	trial	studio
period	truant	rodeo	piano	oasis	fluid	radio
violin	liable	heroic	orient	theory	medium	manual
nucleus	reliant	variety	theater	science	violet	aviator
diary	<u>kind</u>					

**Lesson 35: Non-phonetic long vowel words – contrary to Vowel Rule 1. – 77 Words**

told	bolts	toll	host	mild	scolding	dolt
roller	posted	child	golden	jolted	troll	poster
wilder	folder	molts	stroll	posters	mildest	sold
colt	stroller	posting	grinder	colds	volts	trolling
hostess	blindness	holder	molting	scroll	ghost	kindly
son	London	covet	covenant	comfort	of	above
stomach	governor	company	none	govern	other	lovable
tongue	some	hover	cover	covetous	monkey	shove
comely	dozen	Monday	slovenly	lovely	color	smother
compass	wondrous	done	covers	brother	dozen	nothing
wonder	glove	oven	monk	month	<u>both</u>	<u>old</u>

**Lesson 36: Consonant Digraphs – containing silent letters – 81 Words**

knelt	gnash	wry	numb	limn	knocker	gnu
writing	bomber	hymn	knuckle	gnat	wrong	crumb
damned	knapsack	gnome	wreath	thumb	column	knowing
gnarled	wretch	limbs	solemn	knight	sign	wrist
climber	condemn	knead	design	wrench	combing	autumn
knowhow	assign	wrinkle	lambs	condemned	shuffle	guy
rustle	chalk	ghost	sprinkle	disguise	often	calmer
ghastly	trample	guitar	soften	palms	hour	feeble
guardian	jostle	alms	honest	cobble	buy	glisten
half	honor	settle	builder	epistle	halves	heir
couple	buoyant	pitcher	calf	Thomas	double	building
apostle	salmon	exhaust	<u>know</u>			

**Lesson 37: More silent letters – p in pn ps pt – 43 Words**

couple	buoyant	pitcher	calf	Thomas
double	building	pneumatic	psalm	Ptolemy
pneumonia	psalmist	ptarmigan	pneumograph	pseudo
ptyalin	pneumogram	pseudonym	pteridophyte	pneumodynamics
pseudopod	pteridology	psychedelic	psychic	psychology
psychiatry	rhapsody	rhombus	rhododendron	rheostat rhombic
Rhine	rhesus	rhetoric	rhinoceros	rhizome
rhetorical	rhubarb	rhizoid	rhyme	rheumatic
Rhode Island	rhythm	rheumatism	Rhodesia	rhythmic
myrrh				

**Lesson 38: Special Consonant Digraphs – 64 Words**

phone	phonics	emphasis	paragraph	prophet	alphabet	physics
diphthong	tough	rough	enough	laugh	cough	trough
roughly	laughter	ghost	ghetto	Ghent	gherkins	aghast
ghoul	ghostly	ghastly	sigh	thigh	bright	straight
though	thought	through	thorough	church	chatter	scratch
inches	charade	chute	parachute	chaperon	Chicago	chevron
chic	chef	chemical	mechanic	chronic	character	choral
stomach	ache	chrome	cheese	chapter	teacher	branches
fixture	feature	structure	moisture	actual	lecture	furniture
manufacturer						

**Lesson 39: The /SH/ sound has at least seven spellings. – 56 Words**

shelter	impoverish	shoulder	ashamed	fraction	taxation
promotion	determination	obligation	inflation	attention	constitution
pension	session	tension	extension	fission	mansion
commission	compassion	glacial	glacier	sufficient	delicious
Grecian	efficient	magician	ancient	sure	sugar
assure	reassure	insure	pressure	erasure	insurance
chiffon	machine	chagrin	Charlotte	Asia	fusion
decision	provision	profusion	seclusion	explosion	precision
glazier	glazery	azure	seizure	garage	barrage
loge	rouge				

**Lesson 40: Tying the “Y’s” Together – 73 Words**

yes	yonder	yellow	yard	yoke	youth	years
yelping	yielded	yeast	younger	Yule	yen	yanked
yapping	yells	York	lawyer	type	lyre	hydrant
scythe	hypo	hybrid	defy	pyre	comply	hygiene
gym	myth	cyst	hypnotic	oxygen	system	gypsum
cynic	lyric	pyramid	pity	lively	dirty	story
treaty	mercy	shanty	roomy	empty	equally	tray
played	sways	slay	sprayed	key	pulley	honey
parsley	monkey	million	William	billion	union	genius
onion	junior	senior	peculiar	brilliant	familiar	rebellion
companion	Italian	trillion				

**Lesson 41: Tying the R-Controlled Vowels Together – 64 Words**

charm	cord	perch	twirled	burned	arch	storms
nerve	quirk	hurry	quarry	sports	jerky	skirt
current	carrot	merry	spirit	sorry	perish	barrel
very	mirror	torrid	irritate	Larry	errors	stirrup
morrow	sorrow	spare	cheer	roars	mire	pure
scarce	mere	floor	wired	endures	wore	worn
world	worth	wormy	worded	work	worry	worse
worst	worship	worthless	syllable	doctor	author	victor
tractor	solar	catcher	polar	powder	lizard	wizard

carry

**Lesson 42: Prefixes are syllables placed before a root word. – 72 Words**

absorb	absolve	abhor	abduct	addict	adhere	adverb
adjunct	betray	beware	becalm	bequest	compute	compete
compact	combat	contrast	consign	concise	congeal	defeat
deflate	detract	default	disarm	dishonor	disown	discord
exhume	extract	export	exhale	innate	indent	inspire
inborn	invalid	insane	inhuman	inactive	perfect	permit
persuade	perspire	precede	prefix	prewar	prepare	proceed
prolong	proclaim	produce	reshape	rewrap	rejoin	reelect
subtract	submit	submerge	subdue	unwise	undo	unfazed
unlaced	enact	enclose	encircle	entangle	misguide	miscount

mislead      mistrial

**Lesson 43: A Suffix is an ending placed after a root word. – 51 Words**

dangerous	marvelous	poisonous	provision	precision
invasion	otherwise	healthwise	lengthwise	dependable
remarkable	agreeable	incredible	digestible	inedible
maintenance	acquaintance	insurance	residence	reference
preference	concentrate	vaccinate	hesitate	concentration
vaccination	hesitation	subsidize	emphasize	glamorize
impossibility	disagreeable	computerization	uncivilized	reemphasize
misinterpretation	premeditated	consequently	absorbable	bereavement
perfectibility	extemporaneous	transparently	misappropriate	unchangeableness
advantageous	disheartened	enlightenment	deliberateness	idiosyncrasy
unenthusiastically				

**Lesson 44: Eight Helpful Rules for the Vowels – 37 Words**

not	gulp	thick	on	imp	us	oak
maid	sleet	meat	note	made	mine	mute
no	why	she	go	ye	silent	fault
drawn	starch	hall	malt	puppy	wavy	soapy
reply	apply	terrify	getting	lifted	drummer	zoning
skating	wiser					

**Lesson 45: Ten Helpful Consonant Rules in Phonics – 45 Words**

reply	apply	terrify	getting	lifted	drummer	zoning
cents	cite	cyst	fence	cap	cot	crack
fact	gab	got	gummed	gather	ledge	splurge
fringe	stage	get	give	gin	gem	hose
those	rose	please	dogs	cars	drills	sleds
fox	mix	lax	xylophone	Xavier	xenon	exhaust
example	expel	excite				

**Lesson 46: Rules 1 – 6 for Syllabication – 75 Words**

polish	travel	novel	river	medal	sonic	senate
shadow	clever	promise	second	chapel	phonics	melon
finish	Polish	navy	protect	photo	pupil	pilot
student	label	vocal	David	moment	locate	below
Friday	pony	curled	thumps	crowned	broiled	clapped
street	filmed	ground	spring	bounced	itself	sunbeam
brushoff	within	inside	popcorn	rainbow	lifeboat	snowman
carfare	prefix	excel	recoil	trisect	adjust	unsafe
mislay	dislike	exchange	depart	afar	item	unite
disagree	oboe	echo	theory	icon	homicide	emit
graduate	paradise	violence	ratify	about		



**Lesson 47: Rules 7 – 10 for Syllabication – 66 Words**

disagree	oboe	echo	theory	icon	homicide	emit
neon	denial	poem	trio	polio	oasis	Iowa
museum	create	loudest	careless	wended	lonely	safely
painter	highness	mixing	boxes	snapped	bleached	perched
fixed	wailed	kennel	splendid	hungry	flatter	bottom
silver	chapter	harbor	angry	secret	whether	clashing
lunches	decree	blacker	bother	stitches	hundred	grumble
trifle	spangle	ramble	twinkle	cradle	tingle	needle
bungle	buckle	speckle	shackle	tickle	crackle	chuckle
pickle	knuckle	sickle				

**Lesson 48: Accent – 73 Words**

<b>rebel</b>	<b>rebel</b>	<b>contract</b>	<b>contract</b>	<b>record</b>	<b>record</b>	<b>desert</b>	<b>desert</b>
<b>conflict</b>	<b>conflict</b>	<b>extract</b>	<b>extract</b>	<b>conduct</b>	<b>conduct</b>	<b>insult</b>	<b>insult</b>
<b>content</b>	<b>content</b>	<b>perfume</b>	<b>perfume</b>	<b>contrast</b>	<b>contrast</b>	<b>increase</b>	<b>increase</b>
<b>subject</b>	<b>subject</b>	<b>contest</b>	<b>contest</b>	<b>imprint</b>	<b>imprint</b>	<b>convict</b>	<b>convict</b>
<b>present</b>	<b>present</b>	<b>convert</b>	<b>convert</b>				
bungle	buckle	speckle	shackle	tickle	crackle	chuckle	
restrain	despise	enable	derive	elevate	mountain	promise	
lovable	captive	delicate	valentine	excite	compile	disgrace	
adduce	medicine	exquisite	volatile	solace	lettuce	assuage	
comply	puffy	entice	reline	manage	snugly	magnify	
notice	turbine						

## Note from Internet Publisher: Donald L. Potter

July 29, 2018

Instruction with an eye to orthographic mapping and sight word development.

The goal of the *A Sound Track Fluency Practice* is to help students develop orthographically mapped sight word recognition of the entire vocabulary of *A Sound Track to Reading*. Note especially that all the Dolch List Service (Sight Words) have been included in the lists.

The goal has been to foster orthographic mapping through intensive phonics and advanced phonemic awareness. The Blending Flash Cards are central part of the program: ba, sa, ta, ma, etc.

For phonemic awareness, a specially prepared Consonant Chart based on articulatory phonetics was prepared. The 16 Basic Vowels Chart of the original program was used for teaching the vowels. All of this was easy to implement since the Foltzer's original program was based on a penetrating analysis of the 42 English speech sounds.

To enhance the acquisition of phonemic awareness students used a mirror to watch how the speech sounds were produced in the mouth and the use of the voice.

The program was taught with cursive handwriting to help the students develop strong mapping skills. The students were taught to spell with letter names and writing dictation all the words in the program. Manuscript can be used, but must be taught following explicit instruction for each letter.

**Note especially** that the term "sight word" is used in the scientific sense of any word that is recognized rapidly without conscious effort rather than the common use of the term for high frequency irregular words that are taught by whole word memorization.

Dictation is an important part of advanced phonemic awareness. See the note from Jeannine Herron on the following page for the logic behind using dictation to encourage the development of advanced phonemic awareness and orthographic mapping (sight word).

Students are to put a small check or dot by each word every time they read it. Spaced repeated reading is best. The words should also be used for handwriting, dictation, and composition practice.

A comparison was made with The Ayres Spelling Scale, The Dolch Service Words, and Fry's first 300 Instant words.

The following Dolch List words were not included in *A Sound Track to Reading*: always ask because best better blue both brown but came carry cut draw drink every far found green grow hot hurt jump keep kind know long make may old open own round sit six sleep start ten together warm well wish yellow. All but "both, carry, kind, know, old" were added to the first 30 Lessons and underlined, leaving 5 words to be added to Lessons 31 to 48. All 220 Dolch List words are included in this Fluency Practice.

Last updated on September 30, 2018.

[www.donpotter.net](http://www.donpotter.net)  
[www.blendphonics.org](http://www.blendphonics.org)

## Jeannine Herron on Dictation and Phonemic Awareness

SpellTalk Discussion with Dr. David Kilpatrick & Others

July 30, 2018

It is the speech-motor system that enables children to become aware of the ‘sounds’ in a spoken word, because it is the speech-motor system that *produces* those sounds. Actually, I think the word ‘phoneme’ is misleading because the root ‘phon’ suggests that this critically important awareness is all about sounds. If the word were “dicteme” we would think of these segments as bits of speech, rather than bits of sound. Then we would spend more time calling attention to what children are doing with their mouths when they say words. When children write dictated words, chosen to systematically present the 40 sounds of English in simple CVC words, they have to say the words to themselves, segment the words (by thinking about what their mouth does as they pronounce the word), link those segments to letters, and draw the letters. They make those links over and over with every word they write. That repeated practice is a good way for phoneme awareness to become automatic.

Research with at-risk first graders was carried out by Joe Torgesen with two interventions based on a speech-to-print approach like this. Across the two interventions, students began first grade with standard scores for word identification and word attack of 86.4 and 75.0 respectively. Corresponding standard scores at the end of first grade were 108.8 and 111.0 respectively. This represents an improvement from approximately the 16<sup>th</sup> percentile to the 73<sup>rd</sup> percentile for word reading accuracy, and from the fifth to the 77<sup>th</sup> percentile for phonemic decoding skill. (Torgesen et al, *Annals of Dyslexia*, 2010.)

What % of time in language arts instruction is devoted to writing to dictation?

Jeannine Herron, PhD.

Research neuropsychologist

Director, Talking Fingers (*Read, Write, & Type*)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2888606/>

### Donald Potter’s Reflections

My use of RWT in my tutoring room for close to 20 years is long-term clinical evidence of the effectiveness of the program with at risk students. I use it with struggling students in parallel with my younger tutoring with *Blend Phonics* and my older students with *A Sound Track to Reading*.

I use the speech to print approach with dictation with my method of teaching *Reading Made Easy with Blend Phonics* for First Grade by Hazel Loring. I have the students write all the words in journals as they learn to sound them out. We always use oral sentences with every word decoded to make sure that a strong semantic component is tied in with the phonics. Extensive use of dictation is made right from the start, having the students spell the word orally and in writing.

Dr. Herron mentions having the students pay attention to what their mouths are doing. This is exactly what I have the students do when daily drilling the *Phonovisual Charts*. I make sure the students can see my mouth as I produce the speech sounds. We also use handheld mirrors so the students can imitate the articulatory movements. July 30, 2018.